BEFORE Starting Your 30-Day Challenge

Revii Life Global

RLG Performance Score = ____/120

/120 Date _____

- **1. BEFORE** taking the Revii Life Global (RLG) Products for 30-Days, determine your rating for all 12 categories based on how much you agree or disagree with each statement:
 - 1 = Strongly Disagree 10 = Strongly Agree

- **2. DETERMINE your BEFORE RLG Performance Score** by adding all the ratings for each of the 12 statements. Then recording your total score and date above.
- **3. AFTER** experiencing the RLG Products for 30-days, take another snapshot on the other side of this page and COMPARE both RLG Performance Scores and see how you are Revitalizing Your Life!

row fast.							/ HAIR /		•••••								N / INJUF				
	and grov	e strong	d nails ar	ny hair an	oft, and m	ant and s	kin is radia	I move well without pain and fully recover from all injuries.													
9 10	8	7	6	5	4	3	2	1	10	9	8	7	6	5	4	3	2	1			
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							STION /														
nt over me.	cip right o	ems to sk	nd flu see	e colds a	and all th	er meals,	great afte	l can comfortably see clearly what I want all day.													
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9 10	8	7	6	5	4	3	2	1	10	9	8	7	6	5	4	3	2	1			
					ONS ad choices		-	10 CRAV	4 SLEEP / DREAMS												
	I fall asleep easily, stay asleep all night, and wake up refreshed.																				
9 10	8	7	6	5	4	3	2	1	10	9	8	7	6	5	4	3	2	1			
								44	•••••									F			
	11 ATHLETICS / PERFORMANCE My body is ready for a physical challenge at all times.													umbar	h		NG / BEA				
									I look and feel younger than my number.												
9 10	8	7	6	5	4	3	2	1	10	9	8	7	6	5	4	3	2	1			
9 10	•••••				IFMORY	RITY / M	TAI CIA	12 MFN	••••••					••••••		AMINA	BGY / ST	6 FN			
9 10	12 MENTAL CLARITY / MEMORY I recall information easily when I need to remember it.										I have steady energy all day.										
9 10		it.	emember	need to r	ly when I	tion easi	II IIIIUIIIIa	TTCCu							uay.	energy an	e steauy i	Thu			
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AFTER Your 30-Day Challenge

RLG Performance Score = _____

/120 Date _____

1. AFTER experiencing the Revii Life Global (RLG) Products for 30-days, determine your rating for all 12 categories based on how much you agree or disagree with each statement:

1 = Strongly Disagree 10 = Strongly Agree

2. DETERMINE your AFTER RLG Performance Score by adding all the ratings for each of the 12 statements. Then recording your total score and date above.

1 PAIN / INJURY I move well without pain and fully recover from all injuries.											7 SKIN / HAIR / NAILS My skin is radiant and soft, and my hair and nails are strong and grow fast.													
	1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10			
2 VISION / EYES I can comfortably see clearly what I want all day.											8 DIGESTION / IMMUNITY I feel great after meals, and all the colds and flu seems to skip right over me.													
	1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10			
3														9 WEIGHT / APPEARANCE										
	My mo	ood stays	s elevate	d even in	high stre	ss situatio	ons.					I am excited to look in the mirror and step on the scale.												
	1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10			
4		SLEEP / DREAMS							10 cravings / addictions															
I fall asleep easily, stay asleep all night, and wake up refreshed.											l easily walk past the bad choices and only choose the good stuff.													
	1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10			
5	AGING / BEAUTY I look and feel younger than my number.							11 ATHLETICS / PERFORMANCE My body is ready for a physical challenge at all times.																
				, 								,	, 		,									
	1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10			
6	ENERGY / STAMINA I have steady energy all day.								12 MENTAL CLARITY / MEMORY I recall information easily when I need to remember it.															
	THAVE	otoday o		aay.											/									



- **3. COMPARE both your BEFORE and AFTER RLG Performance Scores** and see how you are Revitalizing Your Life after 30-days of using the RLG Products.
- 4. CONTINUE to track and compare your RLG Performance Scores every 30-days with additional sheets.